# Resources for First Nations, Métis, Inuit and Indigenous Peoples

#### Tungasuvvingat Inuit Inuit Specific Services

"Tungasuvvingat Inuit is an Inuit-specific urban services provider that offers community supports for Inuit of all ages. Finding your way through the urban systems and getting the support you need is what TI does. We're there for you as you build your life in the south and work to keep you connected to your culture in the north."

#### www.tiontario.ca

#### **Gignul Non-Profit Corporation Housing Services**

"Gignul Non-Profit Housing Corporation is committed to a holistic and comprehensive approach to housing that includes both those Aboriginal people at risk of losing their housing, or those who are currently homeless."

www.gignulhousing.org

#### **Tewegan Housing Services**

"Tewegan is a place for women to live comfortably and feel safe in a supportive home environment, to explore their cultural identity, and to directly connect with the Aboriginal community, providing encouragement and support needed to develop the tools they will require to be successful in life. Tewegan is further committed to connecting each young woman to her cultural identity and providing assistance in obtaining her goal(s) toward employment and/or continuing her education."

#### www.teweganhousing.ca

#### Kagita Mikam Employment Services

"Kagita Mikam is committed to ensuring that pro-active measures are taken to improve the recruitment, training and employment of Aboriginal people. We help registered clients seeking training to meet their career goals by matching their training needs with qualified training organizations. We help registered clients who seek employment opportunities by matching their employment goals with qualified employers."

www.kagitamikam.com

## Makonsag Children and Family Services

"The purpose of Makonsag Aboriginal Head Start is to provide a culturally-enriched preschool environment that fosters early learning and enhances pride through education to ensure that Aboriginal children and their families have positive lifelong experiences as members of Aboriginal communities."

## www.makonsag.ca

#### Larga Baffin Health Services

"Larga Baffin Ltd. is a medical boarding home for individuals travelling from Qikiqtani region of Nunavut to Ottawa, ON for medical services not available to them in their communities in Nunavut."

## www.largabaffin.ca

## Minwaashin Lodge

"Minwaashin Lodge provides a range of programs and services to First Nations, Inuit and Métis women and children (regardless of status) who are survivors of domestic and other forms of violence, and who may also be suffering the effects of the residential school system. Minwaashin also has a shelter for Indigenous women and their children who are fleeing violence (Oshki Kizis)"

## www.minlodge.com

## Wabano Centre for Aboriginal Health

"Wabano Centre for Aboriginal Health provides a wide range of medical clinics, social services and support, and youth programs for Ottawa's 40,000+ Indigenous people. Services are offered in a culturally sensitive way that welcomes, accepts, and represents all Aboriginal peoples."

# www.wabano.com

## Assembly of Seven Generations:

"We are young people that came together from the winter of Idle No More. We are Indigenous youth from various nations and our roots come from various territories. We saw the importance of a national Indigenous youth voice and platform. We believe that the assembly and unity of youth from across Turtle Island will not only contribute to our own success and healing of today but also that of our next seven generations."

# www.a7g.ca

## Akausivik Inuit Family Health Team

"The Akausivik Inuit Family Health Team (AIFHT) is dedicated to treating members of Ottawa's Inuit community and is the only one of its kind in the world. It provides testing, treatment, medications, and prescriptions for any medical issue."

# www.inuuqatigiit.ca

## Odawa Native Friendship Centre Multi-Services

"The Odawa Native Friendship Centre offers a full calendar of events including programs for all age groups and needs, cultural events and social/recreational activities. We welcome any suggestions and support from the community in expanding our services."

# www.odawa.on.ca

# The Indigenous Performing Arts Alliance

The IPAA is a member-driven organisation of professional Indigenous performing artists and arts organizations. IPAA serves as a collective voice for its members and for Indigenous performing arts in Canada. IPAA provides leadership, support, representation, advocacy, and practical assistance for the national development of Indigenous performing arts.

## www.ipaa.ca

Media Indigena
A podcast featuring weekly Indigenous current affairs with Rick Harp
www.mediaindigena.com